

# ETICO MENU

## STARTERS

PUMPKIN, RICOTTA AND CHEESE MEATBALLS 10€

MIXED "BRUSCHETTE" WITH: BIO EGGPLANT CREAM HOMEMADE - CHEESE CREAM, PEARS, PARMA HAM - CREAMED CODFISH 12€

"CHEESE MON AMOUR": PARMA HAM ROLL WITH BUFALA MOZZARELLA, ZUCCHINI WITH SPUMY RICOTTA, PECORINO CHEESE WITH ORANGE AND ONION COMPOTE OR HONEY 12€

BABY OCTOPUS "LUCIANA STYLE" (FROM SOUTH OF ITALY: WITH TOMATO SAUCE, OLIVES, TOASTED BREAD) 13€

MIXED FRIED BOWL (ASCOLI OLIVES, MOZZARELLA, VEGETABLES IN BATTER) 12€

## FIRST COURSES

FETTUCCHINE HOMEMADE WITH PORCINO MUSHROOMS 18€

RISOTTO WITH PUMPKIN, SAFFRON, CHEESE 16€

HOMEMADE RAVIOLI WITH SEABASS WITH HIS GRAVY 18€

ETICO SPAGHETTI: SPAGHETTI WITH ANCHOVIES, OLIVES, CAPERS, BREAD CRUMBS, CHEESE (VEG: WITHOUT ANCHOVIES) 16€

AMATRICIANA PASTA: TOMATO SAUCE, CHEEK LARD, PECORINO CHEESE (VEG: ARRABBIATA- TOMATO SAUCE WITH CHILI PEPPERS AND PARSLEY PASTA) 14€

## MAIN COURSES

SWORDFISH ROLLS "SICILY STYLE" (WITH SWORDFISH, RAISIN, PINE NUT, BREAD CRUMBS) ON ORANGE CREAM 18€

SEABASS FILLET ON MUSHED FENNELS AND DRIED APPLES 19€

BEEF TENDERLOIN WITH 3 PEPPER SAUCE (OR GRILLED WITH ROCKET AND LITTLE TOMATOES) 22€

CHICKEN BREAST STUFFED WITH VEGETABLES, CHICKEN AND ALMONDS 16€

VEGETABLE MEATBALLS ON SPINACH CREAM 16€

## SIDE DISHES

CHICORY (SAUTEIED OR PLAIN) 7€

MUSHROOMS TRIO 7€

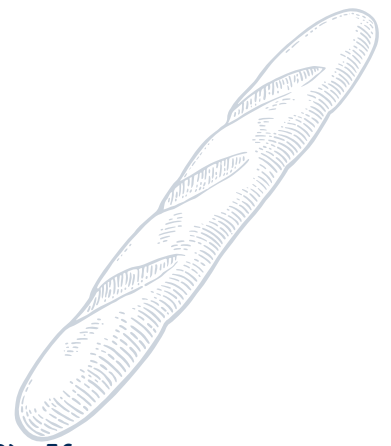
BAKED POTATOES 7€

FRENCH FRIES 7€

LITTLE CHARD WITH TOMATO 7€

ORANGE SICILY SALAD (WITH FENNELS AND BLACK OLIVES) 7€

MIXED SALAD WITH JULIENNE VEGETABLES 7€



# ETICO MENU

## DESSERT

TIRAMISU' 7€

"AMARETTO SEMIFREDDO" WITH CHOCOLATE AND ALMOND FLAKES SURROUNDED BY CHOCOLATE SAUCE 9€

VANILLA OR CHOCOLATE ICE CREAM 7€

LEMON SORBET 7€

CAKE OF THE DAY 9€

LITTLE FRUIT TARTS OR HOMEMADE BISCUITS 1€ (A PIECE)

## VEGAN MENU 35€

MIXED BRUSCHETTE WITH HOMEMADE BIO VEGETABLE PATES

RISOTTO WITH PUMPKIN AND SAFFRON

VEGETABLE MEATBALLS (WITH EGG FREE-SOY MILK) ON SPINACH CREAM

SIDE DISHES OR FRUIT

## COMPLETE MENU 40€

STARTER

FIRST COURSE

MAIN COURSE

SIDE DISH

DESSERT

## ETICO MENU 35€

STARTER OR DESSERT

FIRST COURSE

MAIN COURSE

SIDE DISH

## KIDS MENU 20€

TOMATO SAUCE/PESTO PASTA

BREADED CHICKEN CUTLET OR GRILLED VEAL

BAKED POTATOES/ FRENCH FRIES/ TOMATOES SALAD

MICROFILTERED WATER 2€

BREAD BASKET FOR 1 OR 2 PEOPLE 2€

BREAD BASKET FOR 3 OR 4 PEOPLE 4€

COFFEE 1,20€

DECA 1,40€

